

As Salah for beginners

I decided to make something that will make it easier for new reverts to learn how to do their salah, not knowing anything from the Qur'an.

Salah is an obligatory act for all Muslims and it is the first act after one takes the shahadah.

There are 5 daily obligatory units which differ in how many units they have and when they are performed.

Those 5 obligatory are:

- 1. Al Fajr (2 obligatory units)**
- 2. Dhuhr (4 units)**
- 3. Asr (4 units)**
- 4. Maghrib (3 units) and**
- 5. Isha (4 units)**

Every person that has reached the age of 7 has to be taught how to perform the obligatory salah until the age of 10 when the children have to have a habit of performing it by then.

Every sane Muslim who has reached the age of maturity **MUST** perform the salah.

I will not write more than this and just start with something that every Muslim must perform before salah, which is called Al Wudhu (Washing).

NOTE: Those who have had intimate relations with their partners are **OBLIGED** to take a shower.

Before any of the things, be it the shower, al wudhu or the prayer itself, **one has to make the intention** for doing so as our deeds are according to our intentions.

How to perform Al Wudhu



Step 1

Say bismillah
and wash both
hands to the
wrists each three
times



Step 2
Take water with
the right hand
and rinse the
mouth
three times



Step 3

Take water in the
right uand and
snif it up the
nostrils and blow
it out with the left
hand
three times



Step 4

Wash the face
three times from
edge to edge like
the picture



Step 5

Wash each arm
up to the elbow
three times and
also
between the
fingers



Step 6

Wipe the head
from front to
back, back and
forth
with weat hands.
It is enough only
from front to
back too.



Step 7

Clean both ears
with weat hands
inside and out



Step 8
Wash three times
right foot first
until ankle and
then the left foot
three times
and both between
the fingers

So now we have properly washed ourselves.

What can break the wudu?

Things that can break the wudu are releasing gases, menstruation, intimate relations except kissing, if one releases oneself then one has to do wudu again.

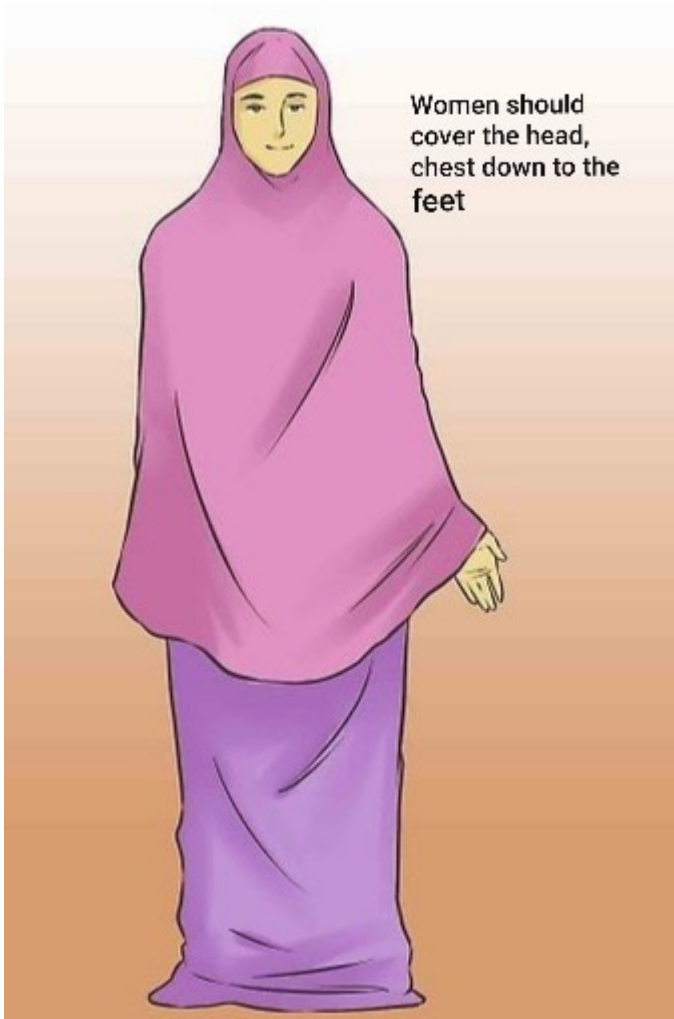
This wasn't hard was it?

What to do next?

We need to make sure that we are dressed properly just like in our everyday lives.

**Men should cover
from navel to
under the knees**





Now that we did all of this, we can finally start to do our first Salah.

How to perform As Salah?

First of all we need to have the proper intention, the intention is not spoken out it is enough to intend the act in ones self.

Then we go to the following steps:

1.

Stand for salah

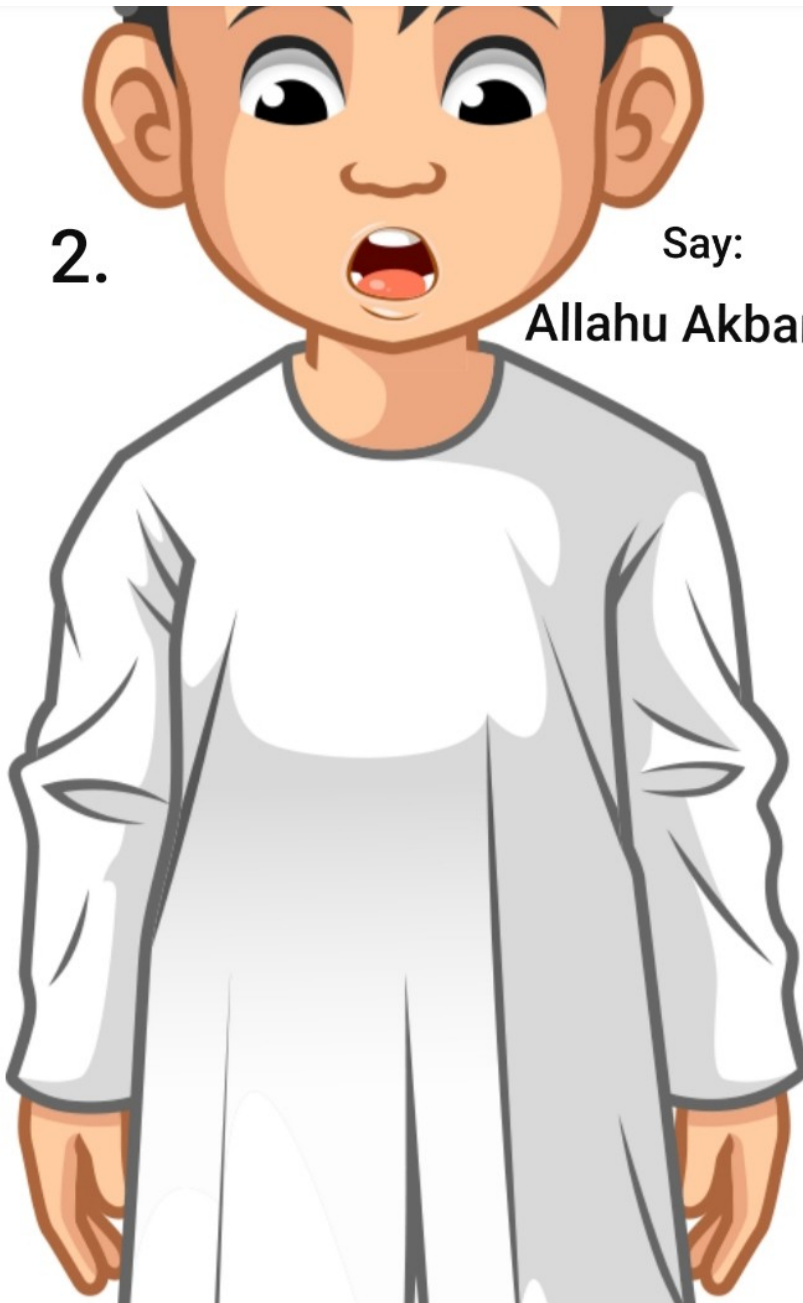
Look in front
of you



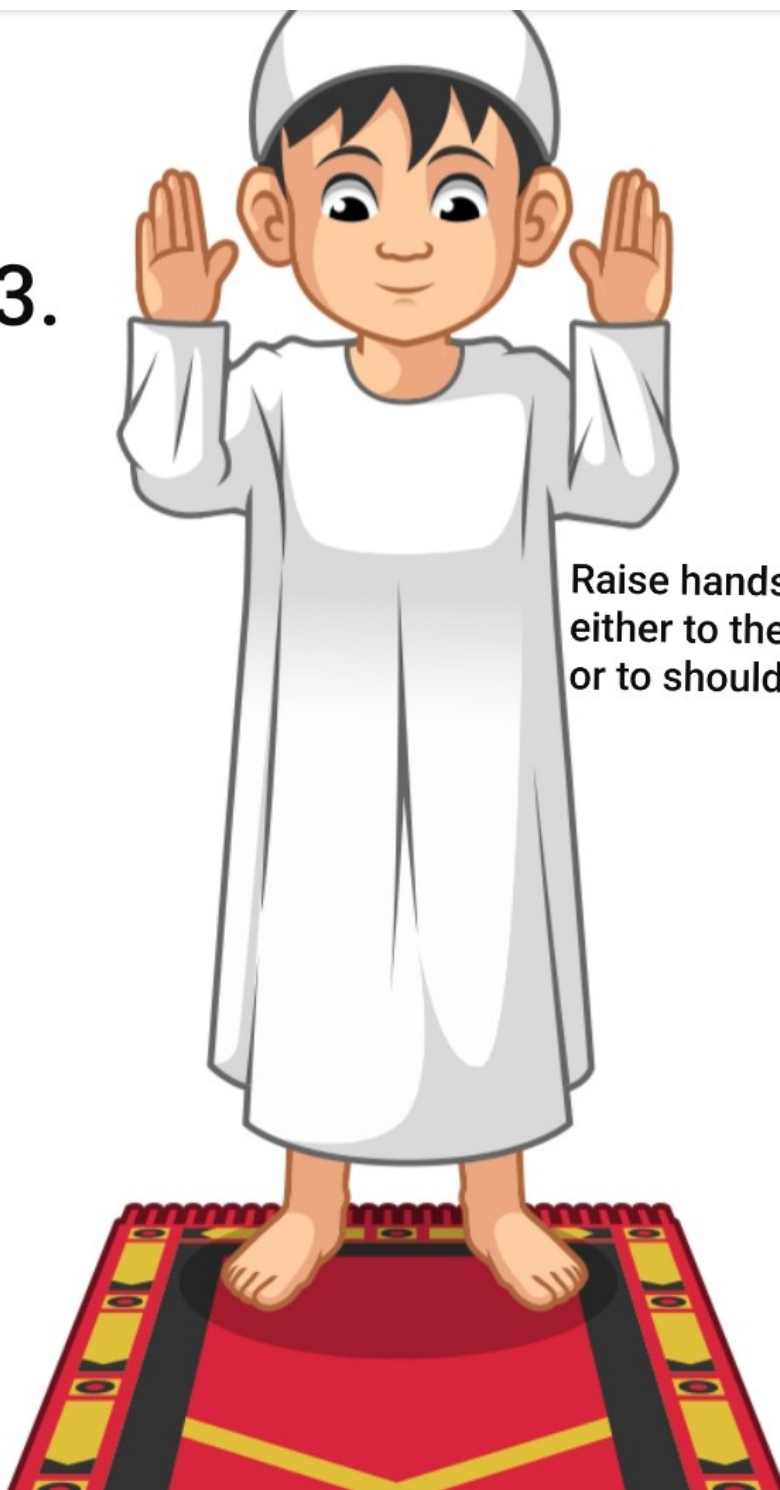
2.

Say:

Allahu Akbar



3.



Raise hands
either to the ears
or to shoulders

4.

Put your left hand
on the chest and
the right hand
over the left so
that you hold the
left hand in
the wrist area like
on the picture



5.

If you know how to recite, you do istiadhah and

Al Fatihah, but if not say:

Subhan Allah
Alhamdu lillah
Allahu Akbar



Then go to the bowing position and say

Subhan Allah
Alhamdu lillah
Allahu Akbar

Hold the back straight, put the hands on the knees



6.





Don't go too
much down or up,
hold back straight



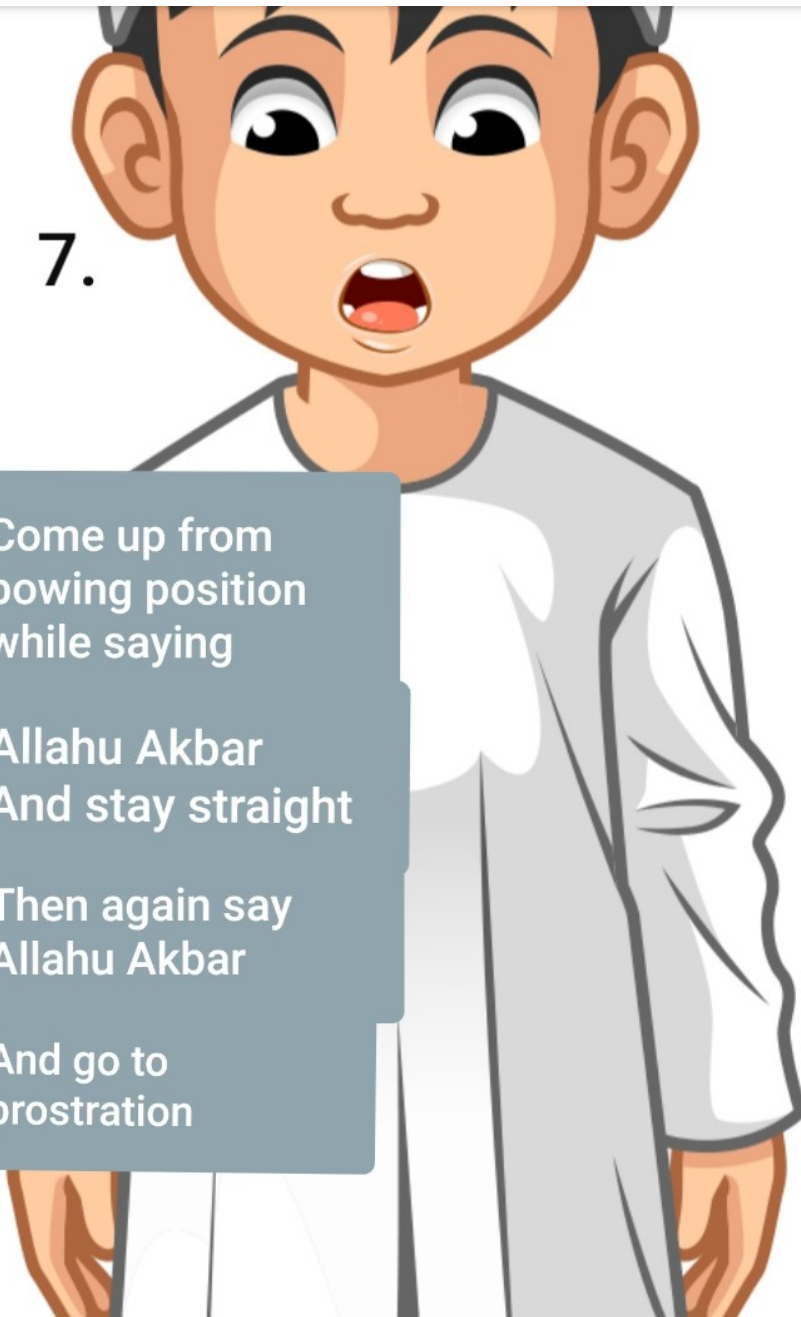
7.

Come up from
bowing position
while saying

Allahu Akbar
And stay straight

Then again say
Allahu Akbar

And go to
prostration



Make sure these points touch the ground:

1. Fingers of the feet
2. Both palms
3. Both knees
4. Forehead
5. Nose

8.

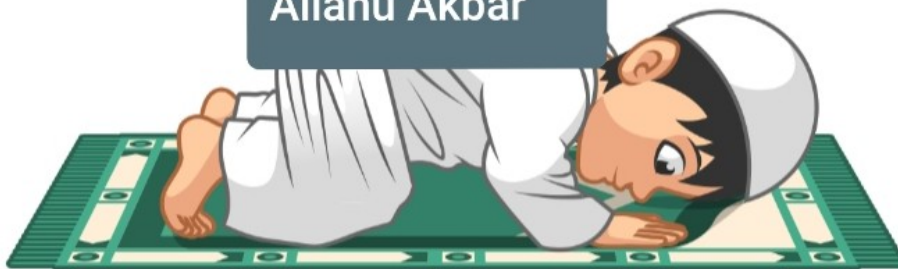


Don't cross the feet or lay down the arms to the ground, neither should you raise your back up



9.

Say
Subhan Allah
Alhamdu lillah
Allahu Akbar



10.

Get into sitting
position looking
in front of you

Say
Rabbighfirlee
Again prostrate



11.

Say
Subhan Allah
Alhamdu lillah
Allahu Akbar



Again stand up
and put the hands
as before and say

Subhan Allah
Alhamdu lillah
Allahu Akbar

12.



Then say Allahu
Akbar and bow

Say
Subhan Allah
Alhamdu lillah
Allahu Akbar

13.



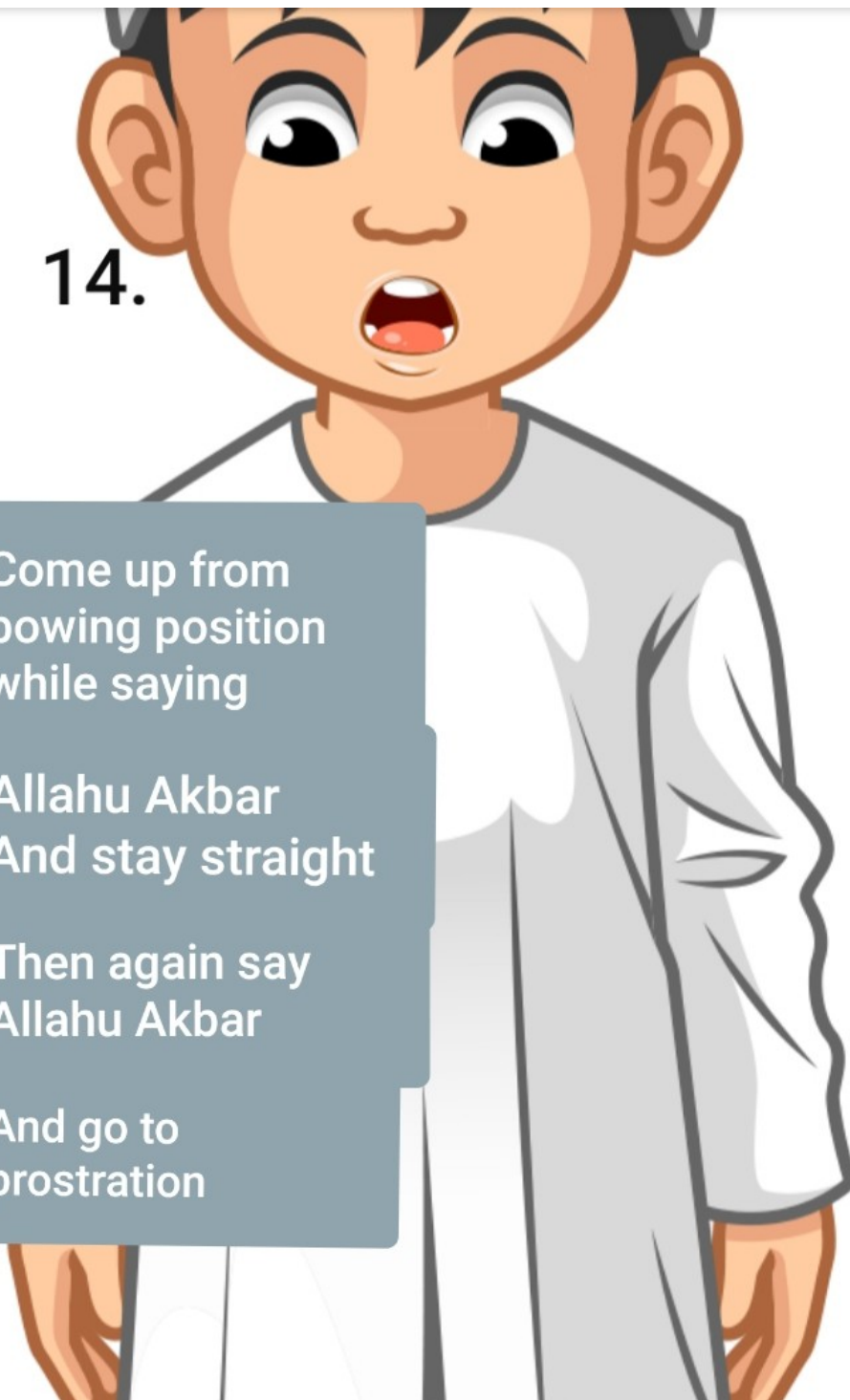
14.

Come up from
bowing position
while saying

Allahu Akbar
And stay straight

Then again say
Allahu Akbar

And go to
prostration



15.

Say
Subhan Allah
Alhamdu lillah
Allahu Akbar



16.

Get into sitting
position looking
in front of you

Say
Rabbighfirlee
Again prostrate



17.

Say
Subhan Allah
Alhamdu lillah
Allahu Akbar



Get into the sitting position and if you can put the left foot underneath the right, if not it's ok

18.



19.



This time stay in the sitting position

Look in front of you and say:

Subhan Allah
Alhamdu lillah
Allahu Akbar

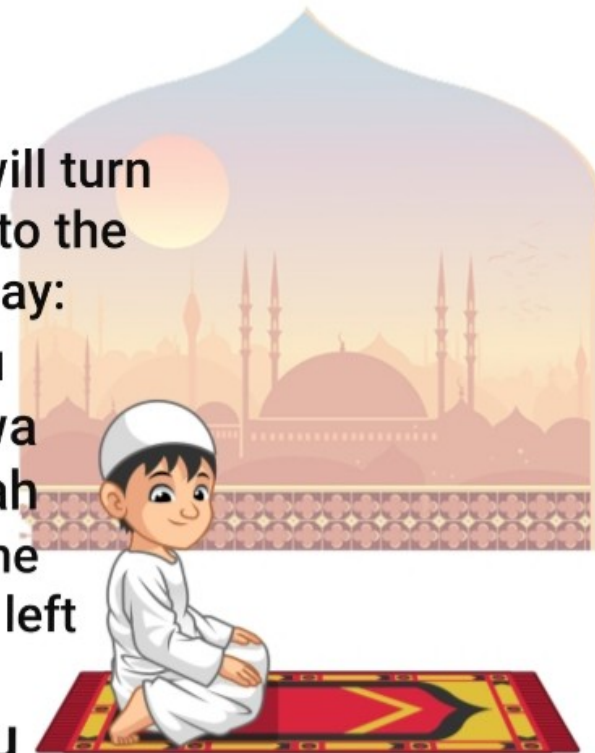
20.

Now you will turn
your head to the
right and say:

As salamu
alaykum wa
rahmatullah

Then turn the
head to the left
and say:

As salamu
alaykum wa
rahmatullah



And there you go, you did the 2 units of the obligatory fajr.

For Adh Dhuh, Al Asr and Al Ishaa (those of 4 units, you will just do the same, only you will skip step 20 and stand up and put your hands on the chest until you do the additional 2 units and after you finish that you do step 20.

As for Al Maghrib, the 3 unit prayer you will do all above but after the second unit again you will skip step 20 and stand up and put your hands on the chest until when you that time finish the 2 prostrations after 3rd unit then you do step 20.

I hope this helps you all who don't know the Qur'an, follow this until you learn it in sha'a Allah.